



Hampshire and Isle of Wight
Partnership of Clinical Commissioning Groups

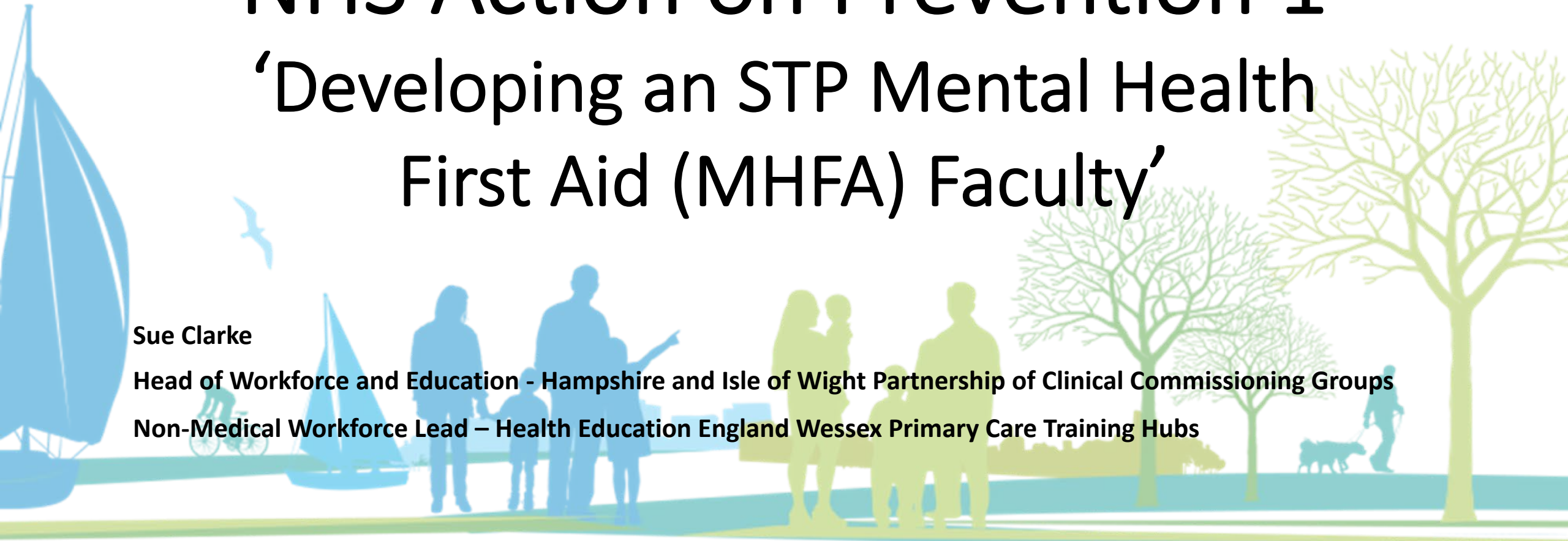
NHS Action on Prevention 1

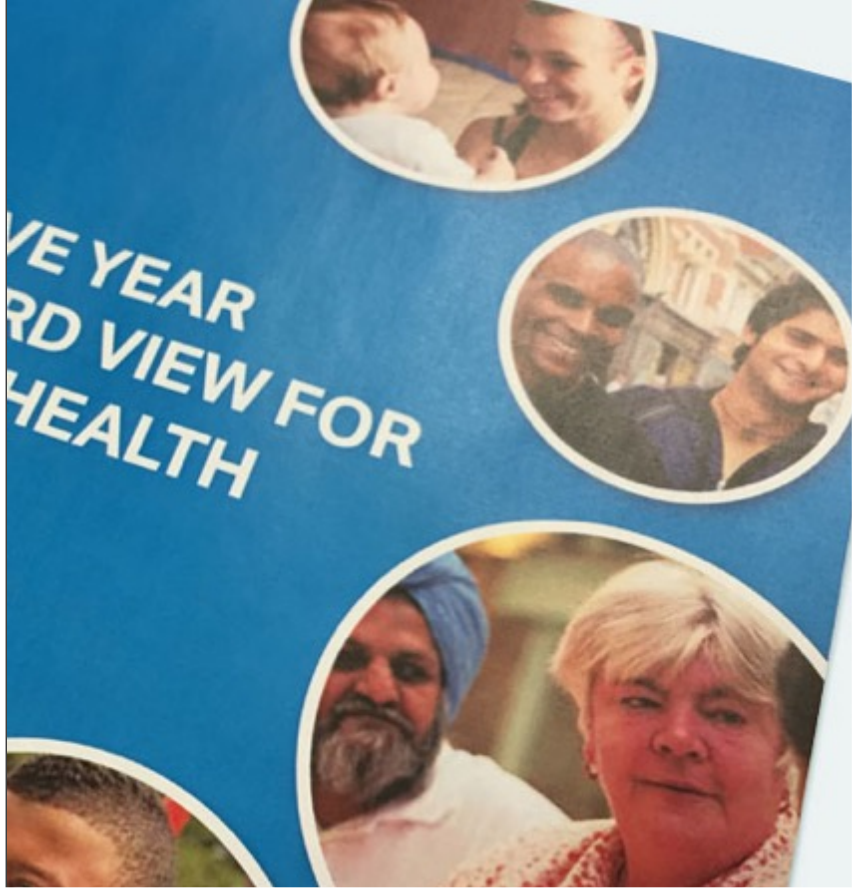
‘Developing an STP Mental Health First Aid (MHFA) Faculty’

Sue Clarke

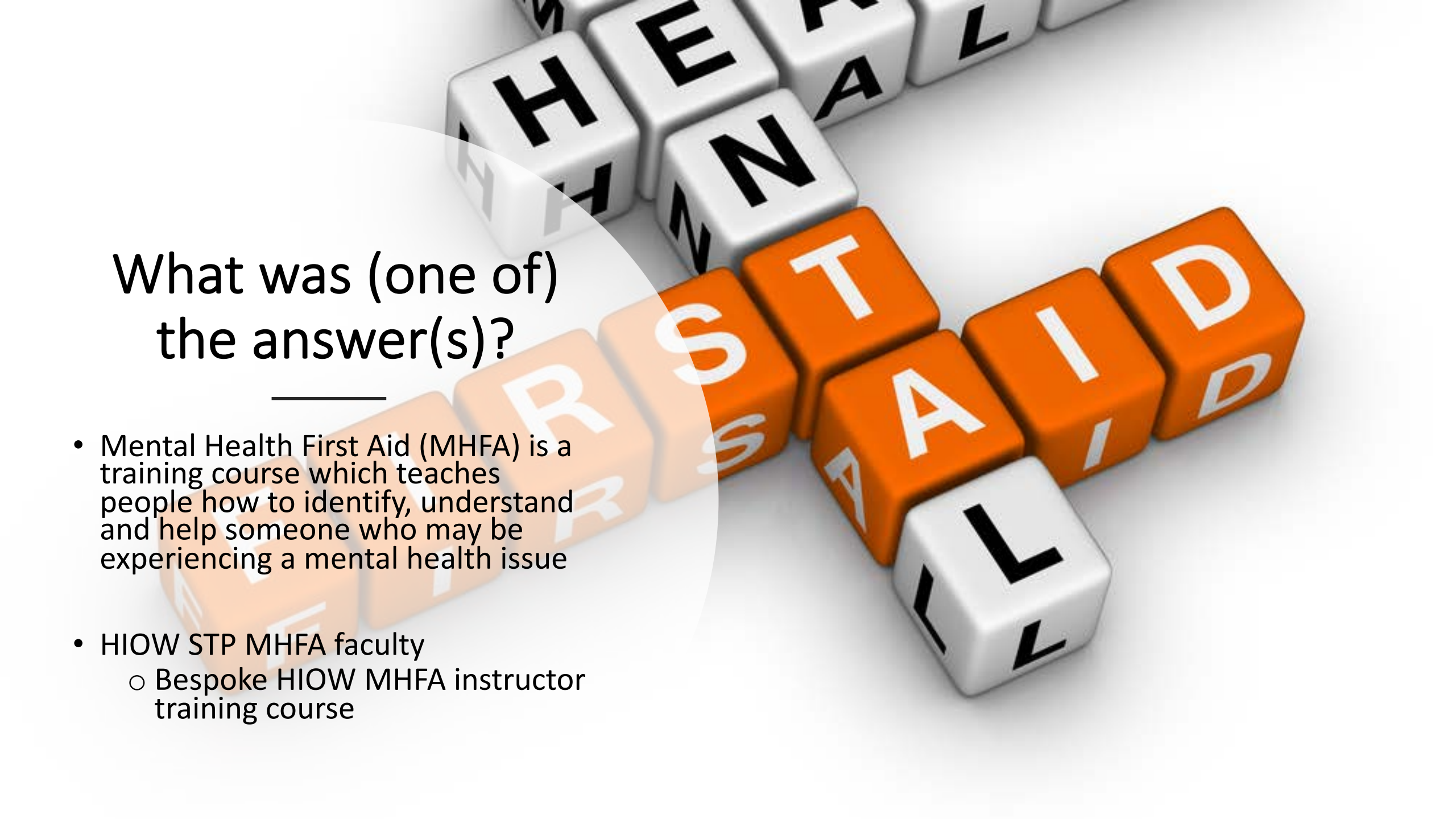
Head of Workforce and Education - Hampshire and Isle of Wight Partnership of Clinical Commissioning Groups

Non-Medical Workforce Lead – Health Education England Wessex Primary Care Training Hubs





What was the problem?

The background features 3D letter blocks. The top row of blocks spells out 'HEALTH' in white. The middle row spells out 'MINDS' in orange. The bottom row spells out 'ARE FIRST AID' in orange and white. The blocks are arranged in a perspective view, receding into the distance.

What was (one of)
the answer(s)?

- Mental Health First Aid (MHFA) is a training course which teaches people how to identify, understand and help someone who may be experiencing a mental health issue
- HIOW STP MHFA faculty
 - Bespoke HIOW MHFA instructor training course



- Paper to STP Education and HR Leads groups
- Networking / reflection-in-action
- Successful bid to STP for development funds
- Community asset based approach

- Agreement from HIOW STP organisations
- Process
- Money
- Resources



What happened next?



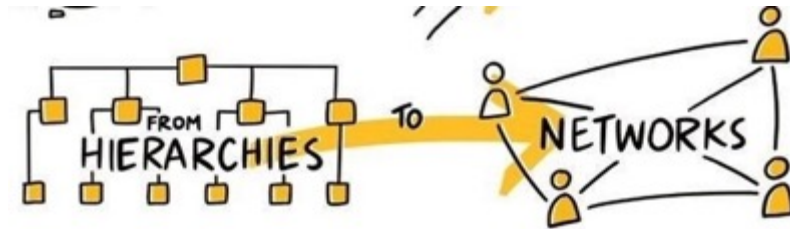


What were the learning points?

- Allow enough time – this was (is) not a quick project
- Get a named contact at MHFA England and put regular catch up calls in the diary
- Network, network, network

Next steps
and sustainability?

MINDSET SHIFTS for organization transformation



HIOW STP Region



